



IMAGODEI COMMUNITY  
REFUGE

## Questionnaire for Recovery Community Potential Participant

*If you answer yes to any four of the following, please consider becoming part of an Imago Dei Recovery Community. To find out more, email [refuge@imagodeicommunity.com](mailto:refuge@imagodeicommunity.com) or talk with a leader.*

I experience extreme and frequent periods of depression.

I find myself wanting to please others even when it causes me harm.

I feel like I am a bad person.

Most of the time I feel alone and isolated from others.

There are times when I feel confused over my sexual orientation.

It is extremely difficult for me to be vulnerable in any situation.

It is easy for me to lie and have secrets from the people I love.

I have no control over compulsive behaviors like sex, food, alcohol, rage, sports, and work even after attending other recovery groups.

I have had a series of chaotic relationships in my adult life.

I have trouble accepting authority figures and usually will rebel against strong personalities.

I feel I have never lived up to my parent's expectations for me.

I have great difficulty accepting God has my good and perfect Father.

I feel I must be good to be accepted by God.

At times I feel like I am very different from the people around me.

Sometimes I feel so much pain over my past that I wish I was never born.

If people knew the real me, on the inside, I know they would hate me.

I have tried and tried to make changes in my life and I just continue to be a failure.

I am not able to trust others.